

**UPCOMING EVENTS:** 

**#BeFitKids Classes - Every** 

Monday, Wednesday and

Friday during the school

term, 4pm - 5pm

2TOA Aotearoa - 27th &

28th October, Rotorua

**Bunnings BBQ Fundraiser** 

28th October,

11am-2pm

**3B Fitness Club** 

1st Birthday/End of year

Celebration,

The Furlong, Hawera

**Saturday 9th December** 

THE

# TAUTOKO RANGATAHI

Cohort 3 is well and truly over, and was an amazing success for all the #BeFitKids!

Most of the kids smashed out their goals with some of them well exceeding their own expectations. We've had some cool feedback from the participants from Cohort 3, and most have signed up again for Cohort 4!

So now we begin the next Cohort, the second that Tautoko Rangatahi has been involved in, Cohort 4. We are beginning with a full class once again. This term brings new challenges for the #BeFitKids, as some of our kids are juggling school exams, summer sports as well as training three nights a week.

Keep an eye out for hi-vis yellow shirts on the #BeFitKids backs this Cohort, and show them your support if you see them out and about.

### Two2Tango

On the weekend of the 30th October, 3B Fitness Club attended the Two2Tango event at the North Shore Event centre. What an amazing weekend! For a small Hawera crew, we managed to have the most podium finishes with a second pairing in the beginners division, and a second and third finish in the Intermediate division. All the huge amount of 3B representitives performed amazingly well with some huge PR's recorded!

The youngest competitors in the event were our very own #BeFitKids member Kaleece Potts-Broughton and former #BeFitKids member, Kryton Goldsmith-Wallace, they competed extremely well and placed an amazing 55th place out of 83 partnerships! We are all so super proud of you both, congratulations!

### **BBQ** Fundraiser

On Saturday the 28th October, we will be holding a fundraiser BBQ at Bunnings Hawera. If you're available to lend a hand on the day, please contact us either via our Facebook page, or contact Nicky on 0277532958. We would love to see a bunch of our #BeFitKids helping out with their Cohort 4 shirts on please. Set-up is from 10am, and we will finish around 2pm.

If you're a little peckish, make sure you consider us for lunch that day! We have a sponsorship shortfall to cover, and we would like to be able to raise some funds to purchase some more equipment for the #BeFitKids.

## 3B Fitness Club 1st Birthday / End of year Celebrations

Please keep Saturday the 9th December free to join us to celebrate 3B Fitness Club's 1st Birthday and the end of an amazing year. This will be a "child friendly" event held at the Furlong. It's a great opportunity for all our members to come together, celebrate the year that has been, and refocus on 2018.

# **Cohort 4 Sponsors**

We have some amazing local businesses who have once again jumped on board to sponsor a #BeFitKid in Cohort 4. Please show your support for each of these amazing businesses, without them we wouldn't be able to provide our kids with this amazing opportunity. Thank you to each and every one of you:

Active Electrical Suppliers, Adrian Cooper Construction, Alison Smith - First National, Craig Fevre Painter & Decorator, DR (Jack) Gray, Hawera Glass & Panel, Hughson & Associates, Hurrell Collision Repairs, Lysaght Watt Trust, Mangopare Builders, Nix Dungeon, Steve Gray Plasterers, Tara Hogan - Independent Arbonne Consultant, The Hive NZ and Tommo's Tyres

## Photos of Kryton and Kaleece from Two2Tango, courtesy of 3B Fitness Club





www.tautokorangatahi.org.nz www.facebook.com/tautokorangatahi

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A HUGE THANK YOU TO OUR COHORT 4 SPONSORS

